

PRAYERS FOR YOUTH

The Sign of the Cross

In the Name of the Father, and
of the Son, and of the Holy
Spirit. Amen

Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in
heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with
you;
blessed are you among women,
and blessed is the fruit of your womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father, the Son, and the
Holy Spirit;
as it was in the beginning, is now, and
ever shall be,
world without end. Amen

The Salve Regina - Hail Holy Queen

Hail Holy Queen, Mother of Mercy, hail
our life, our sweetness, and our hope!
To You do we cry, poor banished
children of Eve;
to you do we send up our sighs,
Mourning and weeping in the valley of
tears.
Turn then most gracious advocate, your
eyes of mercy toward us;
And after this our exile, show unto us
the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin
Mary! Amen

Grace Before Meals

Bless us oh Lord, for these thy gifts
that we are about to receive. From thy
bounty through Christ our Lord. Amen

Grace After Meals

We give you thanks for all Your benefits,
O almighty God. Who lives and reigns
forever,
and may the souls of the faithful
departed,
through the mercy of God, rest in peace.
Amen

To St. Michael

St. Michael the Archangel, defend us in
battle; be our protection against the
malice and snares of the devil. We
humbly beseech You,
O God, to command him; and do You, O
Prince of the heavenly host, by the
divine power thrust into hell Satan and
the other evil spirits who roam through
the world seeking the
destruction of souls. Amen.